
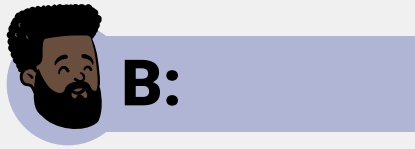



# Active Listening Practicum

  
35min

1. Assign participants role Who is participant A? B? C?



2. Assign Timekeeper  Make sure the person selected has a watch/phone at hand and sets a timer for 3 minutes.

3. Interview Prompt  
Choose 1-2

“ When was the last time you ...  
laughed?  
cried?  
danced in the rain?  
screwed up?  
felt loved?  
”



## Round 1

3min **A** Answers the prompt  
“Tells the story”

3min **B** Listens for **facts**  
Repetition & paraphrasing

3min **C** Listens for **Emotions**  
Listening for feelings

1min Reset for round 2



## Round 2

3min **B** Answers the prompt  
“Tells the story”

3min **C** Listens for **facts**  
Practice

3min **A** Listens for **Emotions**  
Practice

1min Reset for round 3



## Round 3

3min **C** Answers the prompt  
“Tells the story”

3min **A** Listens for **facts**  
Practice

3min **B** Listens for **Emotions**  
Practice

1min End